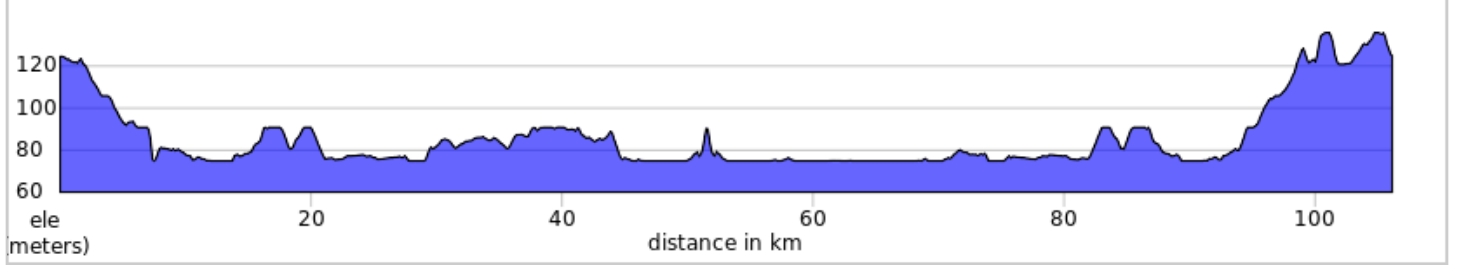
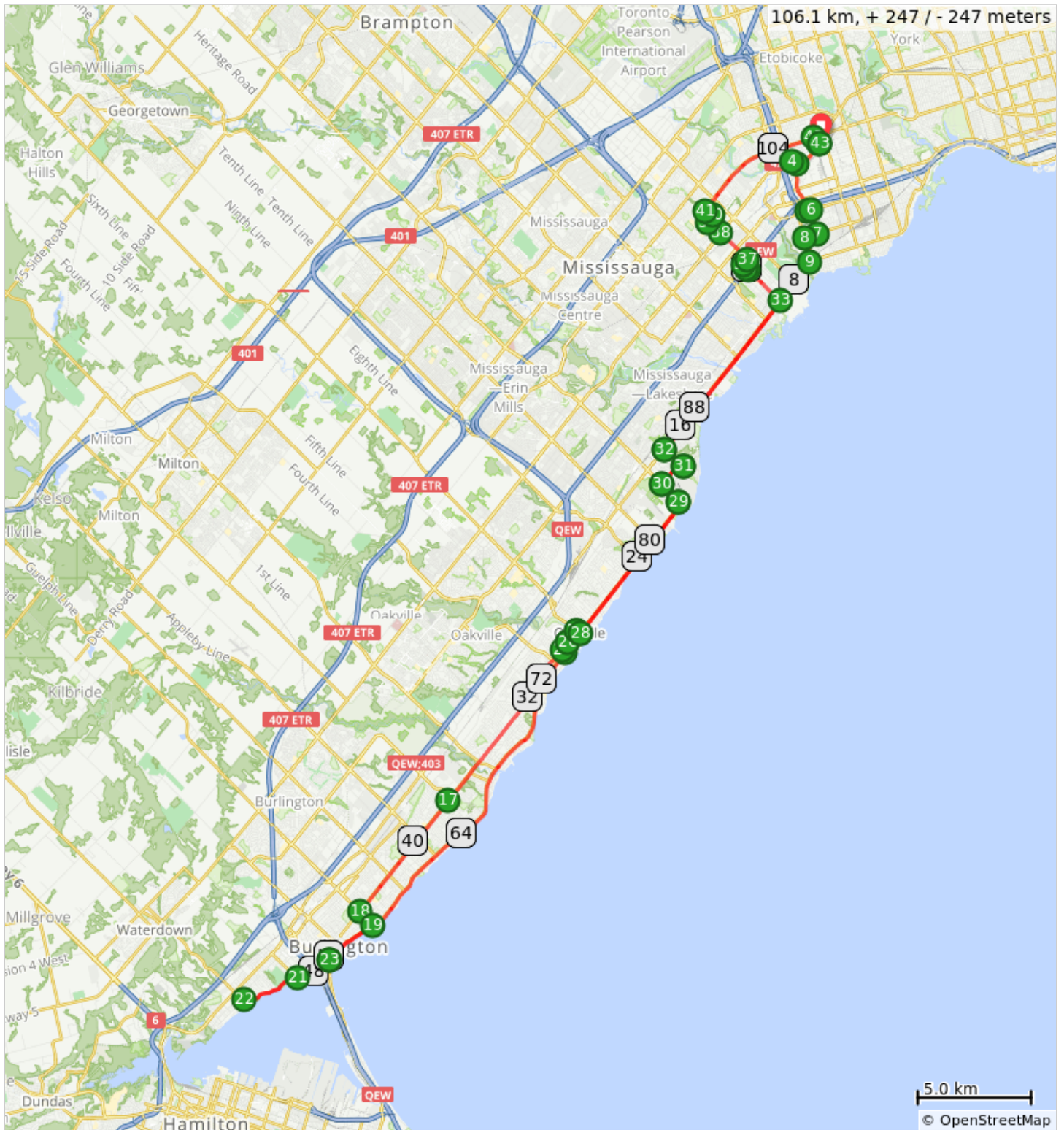


Kipling - Burlington (106km) 2019 v2



Kipling - Burlington (106km) 2019 v2

Num	Dist	Note	Next
1.	0.0	Start of route	0.1
2.	0.1	L onto Dundas St W	1.4
3.	1.4	R onto The East Mall Crescent	0.3
4.	1.7	L onto The East Mall	2.3
5.	4.0	L onto Evans Ave	0.1
6.	4.2	R onto Beta St	1.0
7.	5.2	R onto Horner Ave	0.6
8.	5.8	L onto Brown's Line	1.2
9.	7.0	Slight R onto Lake Shore Blvd W	10.3
10.	17.3	L onto Meadow Wood Rd	1.2
11.	18.4	R onto Orr Rd	1.4
12.	19.8	L onto Southdown Rd	1.1
13.	20.9	Continue onto Lakeshore Rd W	7.2
14.	28.1	R onto Trafalgar Rd	0.2
15.	28.3	L onto Randall St	0.7
16.	29.0	Continue onto Rebecca St	8.7

29.0 kilometers. +47/-97 meters

Num	Dist	Note	Next
17.	37.7	Continue onto New St	6.2
18.	43.9	L onto Guelph Line	0.8
19.	44.7	R onto Lakeshore Rd	2.5
20.	47.2	Continue onto North Shore Blvd E	1.7
21.	48.9	L to stay on North Shore Blvd E	2.6
22.	51.5	Lunch @ LaSalle Park	4.3
23.	55.9	Slight R onto Lakeshore Rd	17.7
24.	73.5	L onto Kerr St	0.2
25.	73.7	R onto Rebecca St	0.4
26.	74.1	Continue onto Randall St	0.7
27.	74.8	R onto Trafalgar Rd	0.2
28.	74.9	L onto Lakeshore Rd E	7.2
29.	82.1	Continue onto Southdown Rd	1.1
30.	83.2	R onto Orr Rd	1.4
31.	84.6	L onto Meadow Wood Rd	1.2
32.	85.8	R onto Lakeshore Rd W	8.2

56.8 kilometers. +75/-75 meters

Num	Dist	Note	Next
33.	94.0	L onto Ogden Ave	2.0
34.	95.9	R onto the pedestrian foot bridge	0.2
35.	96.2	R onto Insley Rd	0.2
36.	96.4	R onto Henley Rd	0.3
37.	96.7	L onto Stanfield Rd	1.6
38.	98.3	Continue onto Constitution Blvd	0.8
39.	99.0	R onto Flagship Dr	0.4
40.	99.5	L onto Queen Frederica Dr	0.4
41.	99.8	R onto Bloor St	5.9
42.	105.8	R onto Auckland Rd	0.4
43.	106.1	End of route	0.0

20.4 kilometers. +79/-35 meters