

Num	Dist	Note	Next
1.	0.0	Start of route	0.1
2.	0.1	Out of Campground, R onto Route 2/County Rd 2	10.1
3.	10.2	Continue onto Stormont, Dundas and Glengarry County Road 2	10.4
4.	20.6	R onto Lakeshore Dr/County Rd 4 (signs for County Road 4/Lakeshore Drive)	9.2
5.	29.8	BREAK 1 - Morrisburg Beach Park.	0.1
6.	29.9	Out of Break - continue on Lakeshore Rd	0.2
7.	30.1	QUICK R onto Canada Way Dr/Henry St	0.8
8.	30.9	Canada Way becomes Laurier Dr	0.6
9.	31.5	R onto Stormont, Dundas and Glengarry County Road 2	19.9
10.	51.4	R onto Long Sault Pkwy	8.8
11.	60.2	R, Long Driveway to Milles Roches Island Beach	0.3

60.2 kilometers. +79/-79 meters

Num	Dist	Note	Next
12.	60.5	LUNCH - Milles Roches Park	0.3
13.	60.8	Out of Lunch, R onto Long Sault Pkwy	1.2
14.	62.0	R onto Waterfront (WF) Trail	3.6
15.	65.7	R onto Ault Park Rd/Fran Laflamme Dr	0.2
16.	65.8	Slight R onto WF Trail	4.9
17.	70.8	Slight R to stay on WF Trail	1.1
18.	71.9	At the fork, L towards Power Dam DR.	0.1
19.	72.0	R onto Power Dam Dr	1.3
20.	73.3	Slight R onto Haulage Rd, follow to Canal	0.5
21.	73.8	Over Canal, L onto WF Trail	2.7
22.	76.5	Slight R to stay on WF Trail	1.9
23.	78.4	BREAK 2 Behind Cornwall Civic Complex....Real washrooms!	0.0
24.	78.4	Out of Break Continue on WF Trail	0.4
25.	78.8	Veer L to stay on WF TRail	0.3

18.6 kilometers. +22/-51 meters

Num	Dist	Note	Next
26.	79.1	R, take WF Trail across Harbour Rd.	0.0
27.	79.2	Cross Harbour Rd to stay on WF Trail	1.3
28.	80.5	CAUTION SHARP R BEFORE BRIDGE>>>SLOW!	0.7
29.	81.1	R to stay on the bike trail...Trail continues in a few metres	2.8
30.	83.9	Climb L at fork, cross bridge onto Hwy.	0.1
31.	84.0	Continue onto Stormont, Dundas and Glengarry County Road 2	20.2
32.	104.2	BREAK 3 - Dairy Queen	0.1
33.	104.3	Out of Break, R onto Stormont Dundas and Glengarry County Rd 2	0.1
34.	104.4	First R onto S Service Rd	3.5
35.	107.9	R onto Glengarry Campground, then R, follow signs to our site.	0.6

29.1 kilometers. +77/-74 meters

Num	Dist	Note	Next
36.	108.5	You have arrived at Glengarry Campground. Welcome!	0.1
37.	108.5	End of route	0.0

0.7 kilometers. +0/-0 meters