

Num	Dist	Note	Next
1.	0.0	Start of route	0.0
2.	0.0	L onto Albert St.	0.1
3.	0.1	R onto Stuart St.	0.7
4.	0.8	L onto Barrie St	0.0
5.	0.9	Quick R onto Bagot St	0.3
6.	1.2	R onto West St	0.4
7.	1.6	Continue...West becomes Ontario St	0.9
8.	2.5	CAUTION HEAVY TRAFFIC	0.5
9.	2.9	Continue onto LaSalle Causeway/ Hwy 2	15.0
10.	17.9	HALFWAY to Montreal (at MacLachlan Woodworking Museum)	7.2
11.	25.1	Continue onto County 2 Rd	4.3
12.	29.4	Continue onto King St W	1.3
13.	30.7	L onto Hickory St	0.2
14.	30.9	R onto First St	0.0
15.	30.9	QUICK L onto River St	0.3
16.	31.2	R onto Machar St	0.2

31.2 kilometers. +118/-124 meters

Num	Dist	Note	Next
17.	31.4	R Machar becomes Adelaide St	0.1
18.	31.5	R onto Brock St	0.1
19.	31.6	Break 1 - Gananoque Town Hall - toilets, food	0.2
20.	31.8	Out of Break, R onto Brock St.	0.1
21.	31.9	R at the 2nd cross street onto Stone St N/County Rd 32	0.2
22.	32.1	CAREFUL L onto King St E (signs for ON-2 E)	1.9
23.	33.9	Thousand Islands Parkway (TIP) ramp	0.5
24.	34.4	Merge onto TIP	0.2
25.	34.7	CROSS PARKWAY L onto Bike Path	13.1
26.	47.7	Cross Bridge to resume Bike Path.	0.9
27.	48.6	L onto Bike Path	18.6
28.	67.2	LUNCH: Brown's Bay Park	0.1

36.0 kilometers. +92/-85 meters

Num	Dist	Note	Next
29.	67.3	Out of Lunch, R onto Bike Path.	4.3
30.	71.6	R onto Brockmere Cliff Dr	3.2
31.	74.8	R onto Route 2/County Rd 2	9.4
32.	84.1	R onto Bethune St	0.1
33.	84.2	R onto Water St E	0.1
34.	84.4	L onto Ferry St	0.0
35.	84.4	BREAK 2 - Armagh S. Price Park	0.0
36.	84.4	OUT of Break - R onto Water St.	0.1
37.	84.5	L onto Bethune St	0.1
38.	84.6	R onto King St E/County Rd 2	26.0
39.	110.7	R onto Shoreline Rd	0.0
40.	110.7	Arrive Grenville Park Campground.	0.0
41.	110.7	End of route	0.0

43.5 kilometers. +85/-97 meters