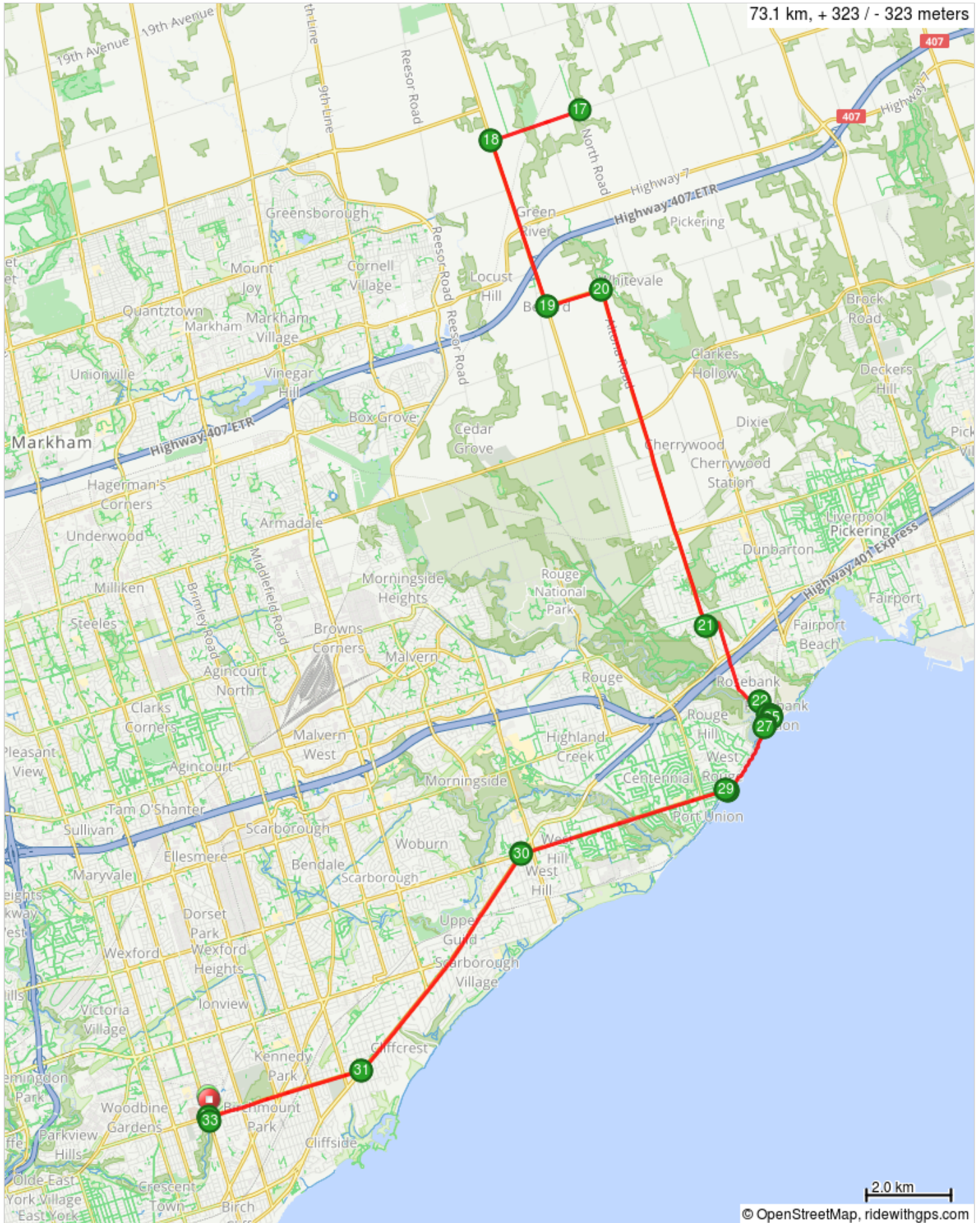


St. Clair - North Rd. - Out and Back 73 km



St. Clair - North Rd. - Out and Back 73 km

Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.0
2.	0.0		R at the 1st cross street onto St Clair Ave E	3.8
3.	3.8		L onto Kingston Rd	6.4
4.	10.1		R onto Lawrence Ave E	5.0
5.	15.2		R after the GO Station to get onto the Waterfront Trail	0.1
6.	15.2		L onto Waterfront Trail	1.9
7.	17.1		L to stay on Waterfront Trail	0.1
8.	17.2		R to stay on Waterfront Trail	0.3
9.	17.5		Slight L onto Bella Vista Dr	0.1
10.	17.6		L onto Rodd Ave	0.1
11.	17.7		R onto Dyson Rd	0.4
12.	18.0		L onto Rougemount Dr	2.6
13.	20.6		R at Altona Rd/Durham Regional Rd 27	8.3

20.6 kilometers. +99/-119 meters

Num	Dist	Type	Note	Next
14.	28.9		L onto Whitevale Rd/Durham Regional Rd 27	1.3
15.	30.2		R onto York Durham Line/York Regional Rd 30	4.1
16.	34.3		R onto Concession Rd 7	2.2
17.	36.5		At North Rd. reverse your direction and go west on Concession Rd 7	2.2
18.	38.7		L onto York Durham Line/York Regional Rd 30	4.1
19.	42.8		L onto Whitevale Rd/Durham Regional Rd 27	1.3
20.	44.1		R onto Altona Rd/Durham Regional Rd 27	8.3
21.	52.4		L onto Rougemount Dr	2.6
22.	55.0		R onto Dyson Rd	0.4

34.4 kilometers. +37/-146 meters

Num	Dist	Type	Note	Next
23.	55.3		L onto Rodd Ave	0.1
24.	55.4		R onto Bella Vista Dr	0.1
25.	55.5		Slight R onto Waterfront Trail	0.3
26.	55.8		L to stay on Waterfront Trail	0.1
27.	55.9		R to stay on Waterfront Trail	1.9
28.	57.8		R just before the Go Station	0.1
29.	57.8		L onto Lawrence Ave E	5.1
30.	62.9		L onto Kingston Rd.	6.3
31.	69.2		R onto St Clair Ave E	3.8
32.	73.0		L onto Warden Ave	0.1
33.	73.1		End of route	0.0

18.1 kilometers. +117/-57 meters