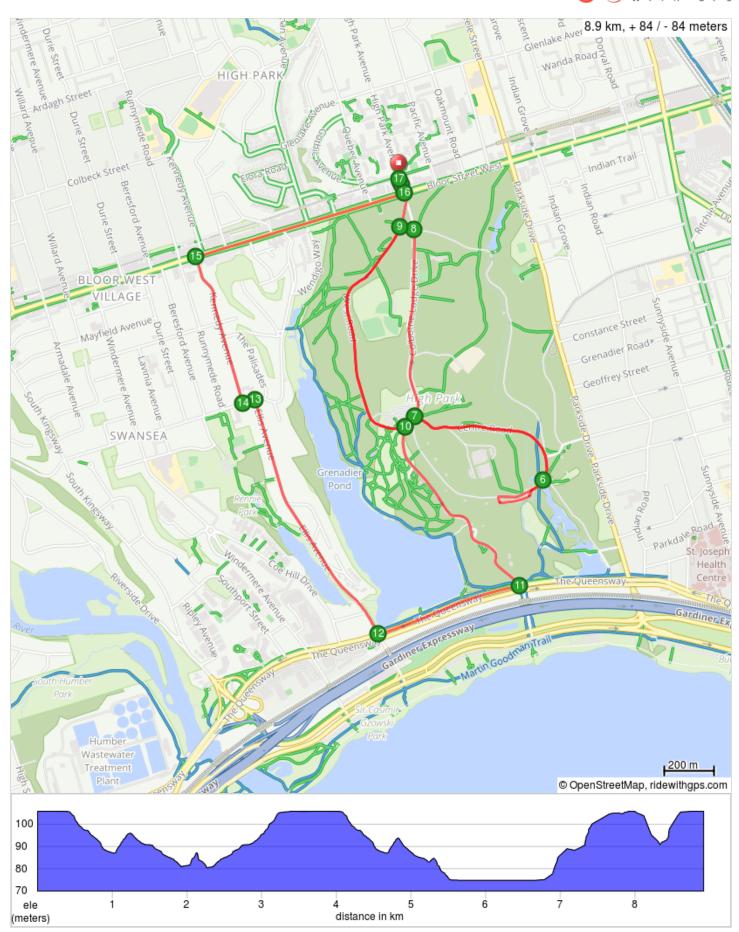
High Park Hill Climb - Intermediate





High Park Hill Climb - Intermediate

Num	Dist	Туре	Note	Next
1.	0.0	Þ	Start of route	0.0
2.	0.0		Start at High Park subway station	0.0
3.	0.1	1	Continue onto West Rd	1.1
4.	1.2	1	Continue onto Colborne Lodge Dr	0.1
5.	1.2	→	R onto Centre Rd. Descend hill using techniques. Please obey all traffic signs.	0.7
6.	1.9	1	Continue onto Deer Pen Rd. Reverse your route and ascend the hill using hill climbing techniques.	1.1
7.	3.0	→	R onto Colborne Lodge Dr	0.8
8.	3.8	+	L onto Spring Rd	0.1
9.	3.8	+	L onto West Rd	1.0
10.	4.8	→	R onto Colborne Lodge Dr	0.8
11.	5.7	→	R onto The Queensway	0.6

0.7 Kiloffictors. 140/ 77 filotors	5.7	kilometers.	+46/-77	meters
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Num	Dist	Type	Note	Next
12.	6.3	→	R onto Ellis Ave	1.1
13.	7.3	+	L onto Morningside Ave	0.1
14.	7.4	→	R onto Kennedy Ave	0.6
15.	8.0	→	R onto Bloor St W	0.9
16.	8.9	+	L onto High Park Ave. You have just completed one circuit.	0.1
17.	8.9	Ø	End of route	0.0

3.2 kilometers. +43/-12 meters

Help Line: 647-993-HELP (4357)