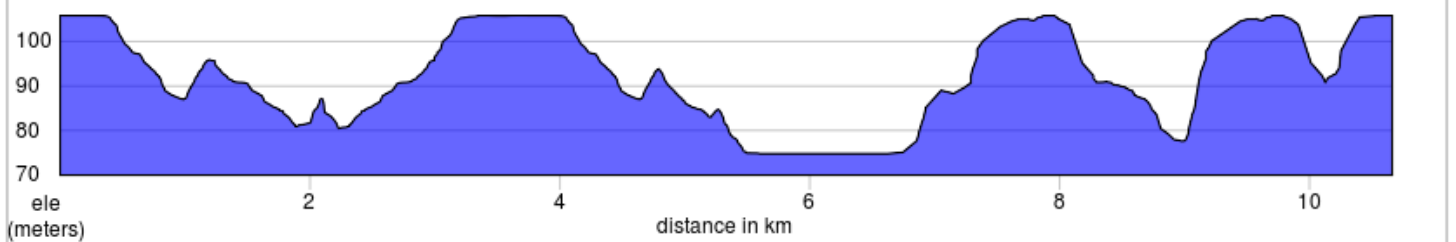
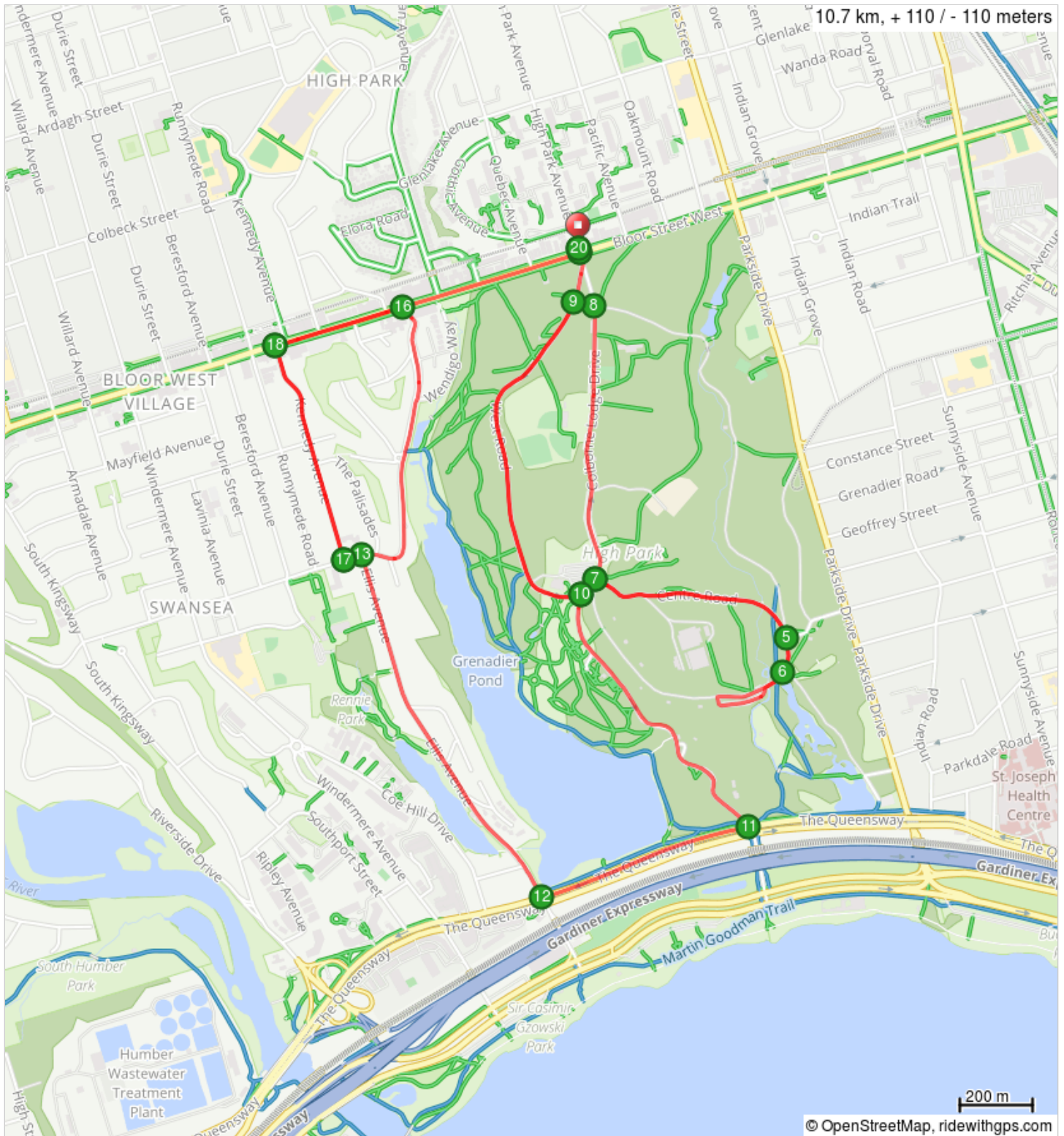


High Park Hill Climb - Advanced



High Park Hill Climb - Advanced

Num	Dist	Type	Note	Next
1.	0.0		Start of route	0.0
2.	0.0		Continue onto West Rd	1.1
3.	1.1		Continue onto Colborne Lodge Dr	0.1
4.	1.2		R onto Centre Rd	0.6
5.	1.8		Continue onto Spring Rd	0.1
6.	1.9		Continue onto Deer Pen Rd. Reverse your route and ascend the hill you just came down.	1.1
7.	3.0		R onto Colborne Lodge Dr	0.8
8.	3.7		L onto Spring Rd	0.1
9.	3.8		L onto West Rd	1.0
10.	4.8		R onto Colborne Lodge Dr	0.8
11.	5.6		R onto The Queensway	0.6
12.	6.2		R onto Ellis Ave	1.1
13.	7.3		L onto Morningside Ave	0.1

7.3 kilometers. +59/-74 meters

Num	Dist	Type	Note	Next
14.	7.3		R onto Kennedy Ave	0.6
15.	8.0		R onto Bloor St W	0.4
16.	8.3		R onto Ellis Park Rd. The hill at the end of Ellis Park Rd is very steep. Make sure you're in a very light gear before ascending.	0.9
17.	9.2		R onto Kennedy Ave	0.6
18.	9.8		R onto Bloor St W	0.9
19.	10.6		L onto High Park Ave	0.0
20.	10.7		End of route	0.0

3.4 kilometers. +43/-38 meters