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1 DAY • 108 KM
**TORONTO TO
PORT HOPE**
July 24, 2016

6 DAYS • 600 KM
**TORONTO TO
MONTREAL**
July 24 - 29, 2016

The Toronto People With AIDS Foundation's Annual Fundraisers



F4LBR18 News - January 21, 2016



Put the "FUN" in Fundraising Be My Valentine!

A fundraising contest perfect for Valentine's Day!

Spice up your Valentine's Day weekend with a night at one of Toronto's landmark hotels or share a romantic dinner with your sweetheart at one of the city's most historic restaurants.



From Sunday, January 17, until Friday, February 12, you will receive one draw entry for every \$200 you raise for your Bike Rally 18 fundraising. The more money you raise, the more chances you'll have to win one of these fantastic prizes:

First Prize: One night at the Westin Harbour Castle Hotel

Second Prizes (2): \$100 gift certificate for dinner at The Miller Tavern (Yonge/York Mills location)

Already have plans on Valentine's weekend? No worries, both prizes can be redeemed at a later date. So get out there and raise some money for PWA.

Help your fundraising efforts with PWA's Love Bowl

Saturday, March 5, 2016, 1:00 to 4:30 pm
Bowlerama West
5439 Dundas St W, Toronto



Did you know that by simply putting a team together for [PWA's Love Bowl](#) you can add to your Bike Rally fundraising total?

Get down and boogie - and bowl! - as the Love Bowl goes back to the 70s disco era with the Shiny Disco Bowl.

[Learn more >](#)

Get Bike Rally Ready Get rid of those winter blahs!

Beat the winter blahs and get your Bike Rally legs in shape at the same time! Join us at our winter spin classes at Toronto's Central YMCA.



Two important tips:

1. If you sign-up for a class please make sure you attend or cancel your spot to make room for others.
2. Bring photo ID to get access into the YMCA.

[More info / class times / sign-up >](#)

New to the Bike Rally? Tips for Success Calling all our new Friends For Life!

First-Year Rider and Crew Orientation



Wednesday, February 3, 6:30 to 8:00 pm
PWA, 200 Gerrard St E, 2nd Floor, Toronto

At this all-important orientation, find out all there is to know about the Bike Rally and all the support that is available to you over the coming months leading up to Departure Day in July. Also, learn why the Bike Rally is critically important to the Toronto People With AIDS Foundation (PWA) and the services they provide.

Come with your questions and we'll give you the answers!

Contact [Training and Support](#) for more information.

[Sign up >](#)

Bike Rally Bits and Bobs

Recruit your friends and family!

Get your friends and family to join you on this incredible Bike Rally experience and get a chance to win an amazing prize!



From January 21 to February 29, if you recruit a Rider (a first-year Rider or one who has not ridden in the Bike Rally since before 2014) for either the 6-Day or 1-Day Rides, you will be entered in a draw for a complimentary 1-night stay at the Fairmont Royal York Hotel. What's even better, your lucky recruit will qualify to win a \$50 gift certificate to The Keg.

And the first winners are...

Congratulations to Bob McDiarmid and Stefan Fogal - the winners of our first recruitment contest in November and December. Bob, enjoy your night's stay at the Fairmont Royal York Hotel and Stefan enjoy the gift certificate at The Keg!



Help promote the Bike Rally at the Toronto Bike Show!

We are looking for energetic and enthusiastic volunteers to promote this incredible Ride at the [Toronto International Bicycle Show](#) (at the Better Living Building, Exhibition Place). Not only will you get to share all the wonderful stories and help

recruit new people to the Bike Rally, but volunteers will get access to the Bike Show and be able to visit all the incredible vendors. It's a great way to find the newest bikes and accessories and the latest trends in cycling fashion, and take advantage of some great deals!



Contact the Recruitment Committee to sign up for a time slot:

Thursday, March 3

10 am to 1 pm - 1 Volunteer (for set-up)

Friday, March 4

11:30 am to 4:30 pm - 2 Volunteers

4:30pm-9:00pm - 2 Volunteers

Saturday, March 5

9:30 am to 2:00 pm - 3 Volunteers

2:00 pm to 7:00 pm - 3 Volunteers

Sunday, March 6

9:30 am to 2:00 pm - 2 Volunteers

2:00 pm to 7:00 pm - 2 Volunteers (tear-down)

[Volunteer today >](#)

PWA Fast Fact

Did you know? ... PWA was founded by volunteers living with HIV/AIDS and to this day, the agencies programs and services are delivered primarily by volunteers; 38,405 volunteer hours in 2015 alone!

Bike Rally Statistics (January 21, 2016)

1-Day Riders: 16; 6-Day Riders: 160; Crew: 28;

Raised: \$40,984

[Register >](#)

[Pledge >](#)

On July 24, 2016, more than 400 Riders and Crew will embark on either a 1-day, 108 km journey from Toronto to Port Hope or a 6-day, 600 km journey from Toronto to Montréal, both in support

of people living with HIV/AIDS. PWA's Friends For Life Bike Rally is the sustaining fundraiser of the Toronto People With AIDS Foundation. The experience of the Bike Rally promises to have a profound impact on the lives of every participant.



[PWA's Friends For Life Bike Rally](#)

Toronto People With AIDS Foundation
200 Gerrard St. E, 2nd floor
Toronto ON M5A 2E6
416-506-1400 ext. 238
bikerally@bikerally.org

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